

3 NIGHT CLOUD FOREST ESCAPE

At Senda Monteverde, adventure calls beyond the clouds. Just minutes from the hotel, you'll find misty, magical ecosystems to explore, and a charming town with a curious story to tell. Up here in Costa Rica's lush highlands, we'll help you discover your adventurous spirit and set the scene for some well-deserved chill time. A sophisticated mountain retreat experience with no compromises on comfort awaits.





DAY 1: ARRIVAL, RELAXATION & EXPLORATION

Spend your first afternoon in Monteverde exploring our lush gardens, sipping on freshly-brewed coffee and reading up about our wildlife in the lounge. We'll have a crisp glass of wine for you to enjoy as the sun sets over the hills, then it's adventure time.

Come nightfall, you'll be lacing up your boots and stepping into the nearby Aguti Wildlife Refuge to discover the hidden world of its nocturnal residents. This might be the best shot you have at catching a glimpse of our iconic tree frog amongst other creepy crawlies and big-eyed mammals.

DAY 2: CLOUD FORESTS & COFFEE

Fuel up on a hearty breakfast ahead of today's adventure at the Monteverde Cloud Forest Reserve. Explore the network of trails by foot with an expert guide, discovering an astounding variety of flora and fauna along the way. Have your binoculars ready – there are some 500 bird species to spot including resplendent quetzals and toucanets, along with monkeys, amphibians, coatimundis and more.

In the afternoon, head over to Don Juan's finca for a quick masterclass in two very Costa Rican treasures. Here you'll learn all about the production of coffee and chocolate from bean to brew and bean to bar – delicioso! Upon your return, join us for some creative pick-me-up Tico-cocktails before going back into town for dinner.



DAY 3: FOREST THRILLS & EVENING ADVENTURES

Experience the cloud forest from a different angle today with an exhilarating adventure up in the Monteverde Sky Park treetops. You'll take the scenic Sky Tram up to the heights of the canopy where you'll then be able to walk a network of suspension bridges, bringing you up close to a world of dense biodiversity. For fearless thrill-seekers, zip your way back down through clouds, canyons and in between ancient trees – just remember to keep your eyes open for the spectacular panoramas!

At dusk, escape back to nature, this time on horseback, connecting with the postcard-worthy surroundings en route. Stop and enjoy an inspiring sunset over the mountains before returning to Senda for a delicious, refined dinner. Swap stories by the fire over a bottle of South American wine and some Monteverde cheese, and call it the perfect evening in.



DAY 4: EARLY - MORNING BIRDING

Rise bright and early for a final wildlife adventure before departing Senda. Here in this birder's paradise there are hundreds of species to see from little hummingbirds to the shimmering resplendent quetzal and the endangered three-wattled bellbird. Others include the collared trogon, the keel-billed toucan and the blue-throated goldentail. In Monteverde, there's enough impressive birdlife to turn anyone into an enthusiastic birder.

Return to Senda for breakfast and a last cup of strong Monteverde coffee before departing on your next Costa Rican adventure.

At Senda Monteverde, you'll have the flexibility to tailor an itinerary to suit your whole party. That means if you want to hike while your partner goes cheese-making, or the kids go canyoning, it can all be arranged. Equally, while there is never a shortage of adventures to be had around Monteverde, vacation time is just as well spent relaxing at Senda.

* Ask us for a personalized itinerary and quote.